



NEWSLETTER

AUTUMN 2017

#038



SUPPORT GROUP DATES

OCTOBER 2017

Friday 6th (9.30 am - 11.30 am)

Tuesday 17th (12.30pm - 2.30 pm)

Monday 23rd (TALK AT 7PM)

NOVEMBER 2017

Friday 3rd (9.30 am - 11.30 am)

Tuesday 21st (12.30 pm - 2.30 pm)

Monday 27th (6.30 pm - 7.30 pm)

DECEMBER 2017

Friday 1st (9.30 am - 11.30 am)

Tuesday 19th (12.30 pm - 2.30 pm)

BANK HOLIDAY

WORKSHOP/TALK IN OCTOBER

Girls and Autism Workshop - £10

Monday 16th October - 10am - 1pm

With increasing numbers of girls being diagnosed, this unique workshop has been designed to address the challenges of parenting/caring for girls on the Autistic Spectrum. We will discuss difficulties such as friendships and low self-esteem and identify strategies to address them.

Chris Bonnelo, Autistic Not Weird - £5 per family

Monday 23rd October - 7pm

Chris Bonnelo, former primary teacher, autism speaker and published author, will be discussing life lessons he has gained through his experiences of growing up with Asperger Syndrome. The talk is aimed at teenagers growing up on the Autistic Spectrum, who may benefit from the insight of an autistic adult who can empathise with them.

Please book a place for the workshop/talk by email to theavenuesupport@outlook.com.

ASD INITIATIVES

Asda have now launched an ASD friendly shopping list to help make the experience less stressful. Ask in store for their 'Happy Little Helper' pack.

Clarks have launched a new brand of shoe called Hula Yo Gore-Tex that has velcro fastenings up to an adult size 8. Parents around the country have said these are ideal for children with ASD and sensory issues.

DATES FOR YOUR DIARY

6th and 7th October – TES Show is the UK's largest SEN show. It's being held at Business Design Centre, London

28th November – Jennifer Wilson, Child Psychologist, Professor Besag from CAMHS and Autism Beds are running a free evening lecture for parents on ASD behaviour in Dunstable. Contact Autism Beds for a place.

Donations received:

£10.70 from Chloe Gumley.

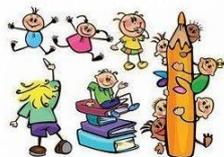
£26.75 from Alan Field from recycling printer cartridges



October is Sensory Awareness Month

(Sensory Processing Disorder)

People with SPD misinterpret everyday sensory information, such as touch, sound, light and movement, giving them a different experience of the sensory world than others have.



Help spread awareness

To celebrate sensory awareness month, we will be having a sale on all of the products we sell at the October support groups. Come and grab a bargain.



If you have any unwanted gifts you would like to donate for our Christmas raffle, please bring them to one of our support groups. We will be selling tickets at the November and December support groups to help fundraise for running costs for next year.

ALL THE AVENUE'S SUPPORT GROUPS AND WORKSHOPS/EVENTS ARE HELD AT THE PENTECOSTAL CHURCH, CRAB LANE, BIGGLESWADE SG18 0LN *UNLESS OTHERWISE STATED



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